



Butterfly  
Conservation

# Butterflies and Moths to see in April



Holly Blue



Emperor Moth



Orange-tip



Ruby Tiger moth



Brimstone



Streamer moth



Speckled Wood



Purple Thorn moth



Peacock

growing  
works

If you feel  
lonely

Putting extra pictures up of the people you care about might be a nice reminder of them.

Listen to a chatty radio station or podcast if your home feels too quiet.

# KNOW YOUR LADYBIRDS

Learn to recognise Britain's best-loved beetles with our guide to the 25 most conspicuous species.\*



## 24-spot ladybird

*SUBCOCCINELLA 24-PUNCTATA*  
Common and widespread in south, local in north. Small, hairy grassland species. Herbivorous.



## Bryony ladybird

*EPILOACHNA AENEUS*  
Recent immigrant, currently only in the south. Large, hairy specialist of white bryony.



## 13-spot ladybird

*HETEROCHERA 13-PUNCTATA*  
Probably extinct wetland species. Periodically recolonises UK from mainland Europe.



## Adonis ladybird

*HETEROCHERA ADONIS*  
Local in England and Wales, but increasing. Favours sandy or bare ground.



## Water ladybird

*ANISOSTICTA 19-PUNCTATA*  
Widespread in the south, scarce in the north. Specialist of reedbeds.



## Larch ladybird

*ANISOSTICTA DILUTISSIMA*  
Widespread and locally common on species of conifers, particularly larch and fir.



## 2-spot ladybird

*ADALIA 2-PUNCTATA*  
Widespread and common generalist species that often overwinters in buildings.



## 10-spot ladybird

*ADALIA 10-PUNCTATA*  
Widespread and common on deciduous trees. Also has black and chequered forms.



## Hieroglyphic ladybird

*COCCINELLA HIEROGLYPHICA*  
Widespread but local heather specialist that feeds on larvae of heather leaf beetle. Declining.



## 5-spot ladybird

*COCCINELLA 5-PUNCTATA*  
Rare species found only near unstable river shingles, mainly in Wales and Scotland.



## 7-spot ladybird

*COCCINELLA 7-PUNCTATA*  
Widespread and common in many habitats. Best known species in the UK.



## 11-spot ladybird

*COCCINELLA 11-PUNCTATA*  
Widespread species but tends to be coastal. Often seen on herbaceous plants. Declining.



## Cream-streaked ladybird

*HALONYSA 4-PUNCTATA*  
Widespread in England, local elsewhere but spreading. Found on conifers. Has 4 or 16 spots.



## Harlequin ladybird

*HALTICOIDES ARMATUS*  
Arrived here in 2004. Common in south-east and spreading. Prefers lime and sycamore.



## 14-spot ladybird

*PROPYLAEA 14-PUNCTATA*  
Common and widespread generalist in England, Wales and Ireland, but scarce in Scotland.



## Cream-spot ladybird

*CLAUS 14-PUNCTATA*  
Common and widespread throughout the UK. Lives on deciduous trees.



## Eyed ladybird

*ANIS OCTULATA*  
Largest ladybird in the UK. Widespread conifer specialist, especially on Scot's pine.



## 18-spot ladybird

*ANISOTA 18-PUNCTATA*  
Widespread and locally common in south, scarcer in north. Scot's pine specialist, often high in tree.



## Striped ladybird

*ANIS OCTODECIMPUNCTATA*  
Widespread species, with up to 15 cream spots. Locally common on Scot's pine trees.



## Orange ladybird

*ANISOTA 16-PUNCTATA*  
Common and widespread species, local in north. Mildew-feeder on deciduous trees.



## 22-spot ladybird

*HETEROAX 22-PUNCTATA*  
Common in south, scarce in north. Feeds on mildews on herbaceous plants.



## Heather ladybird

*CHILICORUS 2-PUNCTATUS*  
Local in England, Wales and Ireland. A heathland and deciduous tree species.



## Kidney-spot ladybird

*CHILICORUS RENIPUSTULATUS*  
Widespread in England and Wales, local or scarce elsewhere. A deciduous tree species.

## Pizza on the stove

Base—200g flour, 1.5tsp baking powder, 0.5tsp salt, 0.5 table-  
spoon oil, approx. 80mls water—mix & kneed until smooth  
dough—cook on high heat on stove until cooked on one side.

Turn over—add toppings— be creative.

Suggestions tomato puree (or thick homemade tom sauce),  
herbs, cheese, hummus, veggies

Cover with lid and cook on high heat until cooked.

Keep checking the bottoms so doesn't burn.



# Coronavirus guidance

Advice for people who think they may have coronavirus

**Step one**



Do not go to a GP surgery, pharmacy or hospital

**Step two**



Contact NHS 111

**Step three**



You may be asked to self-isolate

**Step four**



Your details may be passed to local health protection teams

**Step five**



You may then be tested for the virus

**Step six**



A doctor or nurse will give you advice on what to do next

growing  
works