



- Role Title:** Sessional Worker
- Reports to:** Project Coordinator
- Responsible for:** The delivery of growing and creative outdoor workshops with a range of groups
- Hours:** £10 - £11.80 depending on experience
- Contract length:** Zero hours contract
- Based at:** Wakefield Road Allotments, Dalton, Crow Nest Park Dewsbury, and other sites throughout Kirklees

About us

Founded in 2011, Growing Works is a charity based in Huddersfield, which works in and with local communities, to nurture healthy lives and empower vulnerable people to build resilience. Growing Works promotes good health in local communities by providing inclusive and creative opportunities for physical and mental wellbeing. Growing Works delivers therapeutic outdoor activities for families with diverse needs as well as people in isolated and vulnerable circumstances and those with poor mental health.

Through this programme of gardening and other outdoor activities the charity also works to educate the local community about the importance and benefits of the natural environment. Growing Works is a Kirklees Volunteering Quality Award holder and runs a volunteer programme to recruit and train local residents to support the events and growing spaces managed by the charity and promote gardening for the benefit of all.

We seek to encourage diversity in our workforce and we welcome applications from candidates from any background.

Our Projects

Growing Works delivers a range of projects to a diverse participant base. To support these projects we are developing an outdoor training and therapy centre at Wakefield Road Allotments in Huddersfield. Our current Projects include:

Bud: Therapeutic gardening and craft groups with adults to aid wellbeing through gardening and socialising in the outdoor environment. A focus on staying well in addition to improving mental and physical health.

Sprout: Working with children with additional needs providing outdoor activity sessions. Sprout involves the whole family, including siblings. Activities include: bushcraft, outdoor cookery, growing food, arts and crafts and non-competitive sports in a relaxed fun supportive outdoor environment

Young Shoots: 13yrs plus, young people with additional needs, building confidence, independence and skills



We also offer educational and training workshops on a range of growing, cooking and creative arts activities within the local and wider community.

Purpose of the role

Growing Works Sessional Staff form a team who plan and deliver a range of outdoor therapeutic sessions and workshops throughout Kirklees. The role requires flexibility, creativity and an ability to manage the needs of a diverse group of participants whilst delivering quality sessions. With a range of sessions to support, Sessional Staff can work a range of hours to include daytime, evening and weekend.

Key tasks

- To work in a team to facilitate sessions and workshops for a diverse group of participants, to include set up and clear up of these sessions
- Lead role includes creating session plans and completing evaluation reports; preparing resources and appropriate equipment to facilitate the session;
- To engage participants in a range of inclusive and accessible horticultural, bushcraft and creative outdoor activities using a person-centred approach.
- To feedback participant views and impact of session, and observations of the journey of the participant
- Adhere to our Health and Safety Procedures, Risk Assessments and contribute to the reviews of these.
- To participate in team meetings

Person Specification

NB: the post will require an Enhanced Disclosure Certificate which we will fund.

	Essential	Desirable
Qualifications	Level 2/3 or equivalent in a related subject such as: Health and Social Care; Youth and Community Work; Teaching/Training; Horticulture; Conservation; Creative Arts; or equivalent work experience.	Driving license First Aid at Work Enhance DBS Certificate



<p>Experience</p>	<p>Experience of working with or involvement with children/youth groups Experience of basic horticulture, particularly food growing; bushcraft or creative arts; Forest School. Experience of working as a team</p>	<p>Working with community groups Delivering growing/creative arts workshops Managing or working with volunteers Working with people with disabilities, health conditions, poor mental health Session planning, organisation and delivery</p>
<p>Knowledge</p>	<p>Working with children or community groups Use outdoor activities in a therapeutic context</p>	<p>Horticultural practice and creative arts and the Health care initiatives Referral procedures Supporting people with additional needs Mental health issues Reflective practice</p>
<p>Skills</p>	<p>Good oral and written communication Good interpersonal skills Able to work well with children Able to work as a team Good planning and organisational skills</p>	<p>Ability to adapt tasks to ensure maximum participation Able to manage and direct volunteers IT literate</p>
<p>Personal attributes</p>	<p>Self-motivated, able to work unsupervised, to take initiative Organised, with good time management Pleasant and confident manner when dealing with the general public, community organisations and people with additional needs</p>	<p>Good team player Innovative, flexible nature Able to do the job with reasonable adjustments</p>