

Growing Works

Nurturing Healthy Lives Outdoor

March 2024



Activities for Adults (18+)

Contact Rachel on info@growingworks.org.uk or 07845 415289

Bud Volunteer Sessions – Open to all adults

Gardening, maintenance, enjoy being outdoors, food provided

Tuesdays & Thursdays 10am – 1pm from 4th January

Wakefield Road Allotments, Dalton, HD5 9XN

Date for the diary 4-week Adult Edible Gardening Course

Thursdays 5.30pm – 7.30pm, starting 18th April

Learn more about growing your own produce, practical gardening tasks and techniques, **Booking essential**

Wakefield Road Allotments, Dalton, HD5 9XN

Activities for Families and Young People

Contact Jess on info@growingworks.org.uk or 07883905899

Sprout at Crow Nest Park - For SEND/SEMH families

Outdoor fun in relaxed, accessible environment for children up to and including age 12. No diagnosis is required.

Saturdays 10am - 12pm at Crow Nest Park, Dewsbury WF13 2SG

Date for the diary

6 weeks Young Shoots course – Spring at the Allotment - starting April for young people with SEND and SEMH needs aged 13 – 19.

Booking is required for all family and young people sessions

Please use the QR to view our session times and access PDF versions of our flyers.

