

# Growing Works

Nurturing Healthy Lives Outdoors

August 2024



## Activities for Adults (18+)

Contact Rachel on [info@growingworks.org.uk](mailto:info@growingworks.org.uk) or 07845 415289

### **Bud Volunteer Sessions – Open to all adults**

Gardening, maintenance, enjoy being outdoors, food provided

Tuesdays & Thursdays 10am – 2pm

Wakefield Road Allotments, Dalton, HD5 9XN

## Activities for Communities

All ages welcome, children to be supervised by an adult

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### **Tolson Edible Garden**

Gardening session Mondays 10.00am – 12.00pm at Heritage Memorial Gardens, Tolson Museum, HD5 8DJ

### **Dalton Community Garden**

Gardening session Mondays 1pm – 3pm, behind the Library, Harpe Inge, HD5 9RD

Booking not required, drop in welcome.

Please use the QR to view our session times and access PDF versions of our flyers.



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## Activities for Families and Young People

Contact Jess on [info@growingworks.org.uk](mailto:info@growingworks.org.uk) or 07883905899

### **Sprout at Crow Nest Park - For SEND/SEMH families**

Outdoor fun in relaxed, accessible environment for children (age 12 and under). No diagnosis required. Saturdays 10am - 12pm  
Crow Nest Park, Dewsbury WF13 2SG

### **Summer Holiday Outdoor SEND sessions at Oakwell Hall:**

Growing Works SEND sessions for families (age 12 and under)  
Tuesdays and Thursdays 10am – 2pm from 30<sup>th</sup> July to 22<sup>nd</sup> August.

Oakwell Hall Country Park, Birstall, WF17 9LF

**Booking is required for all family and young people sessions**

Please use the QR to view our session times  
and access PDF versions of our flyers.

