

Growing Works

Nurturing Healthy Lives Outdoors

October 2024



Activities for Adults (18+)

Contact Rachel on info@growingworks.org.uk or 07845 415289

Bud Volunteer Sessions – Open to all adults

Gardening, maintenance, enjoy being outdoors, food provided
Tuesdays & Thursdays 10am – 1pm
Wakefield Road Allotments, Dalton, HD5 9XN

Activities for Families and Young People

Contact Jess on info@growingworks.org.uk or 07883905899

Sprout at Crow Nest Park - For SEND/SEMH families

Outdoor fun in relaxed, accessible environment for children (age 12 and under). No diagnosis required. Saturdays 10am - 12pm
Crow Nest Park, Dewsbury WF13 2SG

Young Shoots 9-week course – Autumn at the allotment

Building skills and independence for teenagers with SEND
Saturdays 1.30pm – 3.30pm from 19th October plus an extra Half Term Session on Wednesday 30th October from 10-12pm
Wakefield Road Allotments, Dalton, HD5 9XN

Please use the QR to view our session times and access PDF versions of our flyers.

