

# Growing Works

Nurturing Healthy Lives Outdoors

August 2025



## Activities for Adults (18+)

Contact Rachel on [info@growingworks.org.uk](mailto:info@growingworks.org.uk) or 07845 415289

### **Bud Volunteer Sessions – Open to all adults**

Gardening, site maintenance, enjoy being outdoors, socialising  
Food provided, travel expenses available.

Tuesdays & Thursdays 10am – 1pm

Wakefield Road Allotments, Dalton, HD5 9XN

### **Mindful crafts – Open to all adults**

Growing Works is joined by Sue Cockcroft to craft attractive  
wall hanging vases, Wednesday 13<sup>th</sup> August 6 – 8pm

Wakefield Road Allotments, Dalton, HD5 9XN

## Activity Open to all the Community

**Dalton Community Garden** next to Rawthorpe and Dalton  
Library Every Monday 1pm – 3pm, help grow a productive  
and beautiful space for the community to use, enjoy  
outdoors and socialise. Open to all, children to be  
supervised.

Please use the QR to view our session times  
and access PDF versions of our flyers.





## Activities for Families and Young People

Contact Jess or Rachel on [info@growingworks.org.uk](mailto:info@growingworks.org.uk)

### **Sprout at Crow Nest Park - For SEND/SEMH families**

Outdoor fun in relaxed, accessible environment for children (age 12 and under) alongside their families. No diagnosis required.

Saturdays 10am - 12pm (not running 9<sup>th</sup> August)

Crow Nest Park, Dewsbury WF13 2SG - booking essential

**Sprout at Oakwell Hall** - Nature exploration for families with children age 12 and under with SEND/SEMH who live in Kirklees or attend Kirklees schools.

Wednesday and Fridays from 6<sup>th</sup> to 29<sup>th</sup> August

10:00am – 2:00pm

Oakwell Hall Country Park, Nova Ln, Birstall, Batley WF17 9LF

Booking essential

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