



# Sprout

Strong Parents Reaching Out

Outdoor therapeutic group for families with children with SEND and SEMH aged 12 and under, including siblings

Family time outdoors; Peer support networks; A place to be yourself; A place to learn new skills;

Nature crafts, gardening, cooking, building creativity; free play

Saturdays from 10.30am – 12.30pm

Wakefield Road Allotments, Dalton, Huddersfield, HD5 9XN  
from 13<sup>th</sup> September

Booking essential; no obligation £5 donation per family request

Contact Jess or Rachel at [info@growingworks.org.uk](mailto:info@growingworks.org.uk) for further information or to book a place



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